

2024

Fresh Veggie Series

Vine & Fig Educational Outreach Program



This Week's Produce Items From Friendly Neighbor Gardens:

Lettuce Mix, Spinach, Siberian Kale,
Parsley & Broccolini

Recipe of the week:

Lettuce Taco with Chipotle Dressing

Lettuce Tacos

Ingredients

- Whole green lettuce leaves
- Filling of choice (carrots, cherry tomatoes, sweet potato, etc.)

Directions

1. Wash and dry your lettuce.
2. Place the filling on the lettuce.
3. Add the chipotle dressing on top. Enjoy!

Chipotle Dressing

Ingredientes

- 1/2 cup of sour cream
- 2 tablespoons of mayo
- 2 garlic cloves
- 1 chipotle pepper in adobo
- Handful of cilantro
- Juice of lime
- Paprika
- Cumin
- Salt
- Pepper

Directions

- Blend all the ingredients together until well combined.



vinefigeducation.org/recipes

